

internal
breath bath

on the zafu
disciplined
microseconds

with mind
on viscera

extension
compression

synaptic caresses
distract from

send clashing
sunstruck chords

moments before
metal wind chimes

tremble



Please recycle to a friend!

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Origami Poem Projects™

REVERSIBLE FOLDED POEM

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**REVERSIBLE
FOLDED
POEM**



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cascade of bells
from stone church

by the park
tympanic membranes

prefer nerve
arousal by

of regretted gut