A GLIMPSE OF BEING

GLEN VARONA

Peace Amid Turmoil

The mind is serene
A world in darkness, turmoil
The world exists not

The body at war
Yet the spirit is at rest
All can be conquered

Water in clear glass
The soul of a true warrior
Strength, but in repose

Dignity; courage
Virtues of the truly brave
Few understand this

Ancient and noble
The pathways of wisdom come
Onward they go on
Only few daring to tread
Ancient and noble pathways

A Moment of Rest

To seek only truth
The most difficult of tasks
Yet comes fulfillment

I dream of one thing
For a moment, peaceful rest
A cup of water

Freedom of being
Tyrants fear it most of all
As they do free minds

There are few who know
That one can be all alone
In a crowded room

A meditation
Life and death, joy and sorrow
All is but a breath
Gone in a tiny moment
Felt for all eternity

Seeking Truth

Emptiness of mind
Pure peace, pure wisdom, pure truth
An unburdened soul
A time to ponder
Questions with quiet answers
Deep meditation
Wisdom in silence
Unexplained enlightenment
This is true freedom
There is no anger
There is no hatred or pain
In no mind is peace
Neither is formlessness, void
Formlessness and void
Neither is formless, or void
Know this and not know
Sharper than all blades
The truth cuts through all falsehood
As a sword through wax

The touch of the sea on your feet
A warm conversation with a friend
The image of a star through your telescope
All these are riches greater than
Anything money can buy
But they are all in the moment
It comes but once
This is true freedom

Light, Time, Love

Light
Formless
Intangible
Yet without it
All the world is in darkness

Time
Without mind
Without reason
But a world without time
Is a world without order

Love
Speaks no words
Covets nothing
But a heart that speaks without love
Has no hope
But a heart that speaks without love
Covers nothing

A spirit that dwells in the light
More than God or Devil, may your wealth be
Wisdom that understands time
Wisdom in silence
Unexplained enlightenment
This is true freedom
Wisdom in silence
Deep meditation
Questions with quiet answers
A time to ponder
An unburdened soul
Pure peace, pure wisdom, pure truth
Empress of mind

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Cover collage by Jan Keough

Origami Poems Project ™

A Glimpse of Being
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